

Name: \_\_\_\_\_ Admit Date: \_\_\_\_\_ Admit Time: \_\_\_\_\_

*If you are unable to arrive on time for admission or you do not have the \$775 first month's payment, you must call in advance, (402) 715-5440, if you will need to reschedule your admit time. Failure to contact us in advance may jeopardize your admission into the program.*

**Limit personal items to the equivalent of 3 dresser drawers.**

**Items in excess will either be sent home with your ride or discarded. Items may not be stored in our building. No exceptions!**

**PLEASE LABEL ALL PERSONAL ITEMS**

**Clothing:** All clothing must cover your body. It is essential to be respectful in the manner you dress. Shorts and skirts must be knee length or longer. No sagging pants, muscle shirts, belly shirts, spaghetti straps, 'low cut' revealing clothing or items with drug or alcohol or gang insignias will be allowed.

**Bedding:** Sheets and a pillow are supplied. You may want to bring your own pillow and/or an additional blanket if you tend to get cold at night. You may bring your own bedding if you prefer (twin).

**Towels:** It is recommended that you bring: 2 bath towels, 1 hand towel and washcloths.

**Highly recommended items:** Alarm clock, clothes hamper/basket, covered drinking cup, flashlight, umbrella and work-out clothing for the gym.

**FICA:** Earning History statement from Social Security Administration, including all disability award information, if applicable. This can be obtained by visiting the Social Security Administration Office at 604 N. 109<sup>th</sup> St, Omaha, NE. Bringing this form in with you will help you obtain medical, dental, and psychiatric services.

**30 day supply:**

- Cigarettes
- Personal Care Items: Shampoo, body soap, hand soap, toothpaste, razors, deodorant, feminine hygiene products, etc... (Laundry soap and toilet tissue are provided).

**Medications:**

- Bring in all necessary prescription drugs in their labeled pharmacy bottles. Narcotic, benzodiazepine medications, methadone, buprenorphine and naloxone are NOT allowed. Please speak with staff BEFORE you enter treatment if you are currently taking these medications!
- Over the counter drugs are not provided. Please bring medicines that you may require such as Ibuprofen, Tylenol (highly recommended), Tums and allergy medicine. These medications must be new sealed packages. Medicines containing alcohol and ephedrine are not allowed.

**Bus Tickets:** Bus Tickets are not provided.

**Suggestions:**

- Envelopes and stamps, notebook and writing/drawing supplies
- Phone numbers and addresses of attorneys, probation officers, doctors (medical and mental health), family members, etc...
- Radios, CD Players, and MP3s will be allowed with headphones/ear buds ONLY – Anything that connects to the internet/WiFi is NOT allowed.
- Phone Cards
- Bus Tickets
- Valid Identification (driver's license, state ID, SS card)

Reviewed: 1/11, 1/13, 1/15, 6/16, 1/2020

**ITEMS NOT ALLOWED:**

- Cell phones/Pagers
- Computers, I Pad, Kindle, Nook
- Weapons (this includes pocket knives)
- Mouthwash containing alcohol
- Lock Boxes – we have a safe if necessary
- Torch Lighters
- Hand Sanitizer
- Protein Powder/Pre-Workout
- Vapes/Chew
- Candles/Wax burners/plug in air fresheners
- Kitchen electrics (excluding crock pots and coffee pots)

**\*\*Stephen Center is not responsible for lost or stolen items. Please leave your valuable at home.**